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TRUST the Wisdom within You!

- From the High Council of Orion

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Greetings dear ones where the high Council of Orion,

There are so many ideas out in the world at this time about what Ascension is, how it happens, why it's happening. And no matter what you believe, no matter how you believe it's happening and why you believe it's happening, one of the center points of all of it is this shift in consciousness, the shift and awareness from outside to inside.

Now that's very easily said but what is that all mean, the shift from outside to inside? So as you look back at human history and you see and it's known that the knowledge, the information, the guidance, the wisdom of the masses, generally came from the outside in.

You had rulers, you had Kings, you have leaders, you had spiritual leaders, you had spiritual authorities, and all of them held the authority to know and understand and guide everyone. Those are wonderful times of growth relative to external authority, and many of you may feel now that you don't like that. You think it was bad, but at the time that it was happening, it was the leading-edge of the Soul's growth on the planet at that time, but times are changing, correct.

Times are moving to a new model, and all these new models can have all kinds of names, but the reality is what you're doing is shifting from a time where all the authority, all the knowledge, all the experience at a high level, was being delivered from generally an individual outside of you, and you followed the direction. What was interesting about that time also is that by in large, every one with any kind of societal group, had the same rules to follow, the same guidance to follow, the same pathway that they were on in terms of acceleration of their life, their spiritual journey, whatever it might be.

Because they were in a collective and seen as a collective group, they were all being given the same information, it was very much a time where the pathway was all seen the same for everyone. The reality is, that consciousness still is evident on your planet at this time, but this time of Ascension and awakening is, the authority is moving from



outside of you to the inside of you.

Where the awakening that's happening, is the awakening to the awareness that the knowledge and wisdom when it is within you, and it is unique to your Soul's expression on the planet at this time. So that there is a move away from the energy of a one size fits all philosophy, direction, pathway of life, or pathway to the divine, all of that now is deconstructing into the idea, that each one of you has the light and the truth of who you are within you, and it is there to guide you in your unique way.

Now what's challenging about this time, is this awareness of your individual light, your individual authority, its new! In terms of human consciousness, human development over millennia. It's new, it is in its infancy, so those of you who are listening to this message are people who are waking him up to this possibility early. Yet because it's not a pervasive consciousness on the planet at this time, it's a little bit hard to know what to do with it. It's hard to know to trust it, it's hard to know how to access that knowledge and wisdom within you in a way that you feel confident, because your at this interface of change.

So the collective still has embedded within it, more of the consciousness of the old model, and it is in transition to this new model of more inner authority. So while you're in the early part of the transition, understand that there's still a great energetic impulse to want to have external authority. Want to have somebody else tell you what to do and how to do it, so you could feel comfortable and confident with that.

But there aren't a lot of models for this new idea that, "I've got it within me," "I got this knowledge and I'm going to *trust* it." So this, in and of itself, this one small word is the pivot point for you in your awakening, your ascension process. What you're really doing in this time is learning to *trust* that the light is within you. And many of you do trust the idea that the lights within you.

And now the key is to open up to trusting that this knowledge and wisdom within you, is going to in a sense give you the right information, that's really going to make a difference for you, that you can learn to count on it, just as much in other lifetime experiences you trusted those other authorities. You knew they had your best interest at heart, or at least you hoped they did.

Truth is sometimes they did and sometimes they didn't, but now what you're doing is learning to trust the inner wisdom, trust that it is guiding you in the right way in the right time, for what it's appropriate for you. Because part of this shift is this growing understanding that's what's right for me may not be right for you, and it may not be right for that other person, or it might not be right or a person who's having a different incarnated experience in some other place on the planet.



That what is right for me is right for me in this moment, in this place, in this time, and I can trust that. And I can trust that you are going to be able to tap into your guidance and your experience, and it doesn't have to look like mine, but can be just as right for you as mine is for me. And this is an incredible interface, and here you are at the point where the energies are changing.

So it makes sense that you're looking for outside authorities, you're looking for people to teach you and show you that the truth is within you. That makes sense and you're going to be having teachers and guides like that, because they're helping you transition to this place of leaning into who you really are. But then again as was said before, the pivot point of it, is the expansion of your trust in your light and that it truly is there, and it will truly guide you in the right direction.

Truly guide you to the place where you feel like what you want to express, what you're here to do, how you are to do it, who you're going to do it with, is all aligned and that everyone else that's involved in it is aligned in their unique way also. And so this relies on a great sense of trust in oneself, and trust in everyone else's awakening in a way that's right and appropriate for them.

So one of the keys here is as your growing as your shifting as you're waking up, is asking yourself a pivotal question as many times a day as you need to, and the questions are.

What can I trust about this experience for myself?

What can I trust that's within me now that wants to support me in my life?

Can I trust that my wisdom is taking me in the right direction right now?

Can I trust this experience I'm having in the moment even if it may or may not be 100% comfortable for me, can I trust that it's opening me up to the next level of who I am becoming?

This could be spoken about a lot for a long time, this energy of trust. But here's what we want to bring into the space around this right now, is one could say well all you're doing is asking questions, and if I don't have the answers to these questions how do I know that it really is true and that I really can trust this experience?

So let's go back to the idea of what questions do for us in our life. Questions are incredible pathways to changes, questions open us up to new experiences, questions tell ourselves and the universe that we are open to a different outcome and a different point of view, and new information and new experiences. So one is not required to always have the answer to the question just because the questions been asked. If you



stay in the energy of asking how you can trust this moment and your ability to respond, trust who your becoming, trust the knowledge and wisdom within you.

Every time you ask a question around that, your energy field is opened up to receive more of what's available to you through the field of the universe. So keep yourself in the questions, keep yourself in that expanding energy of the universe, through the questions and have the center point and focus of the questions be on how you can trust yourself, trust your knowledge, trust your wisdom, your insight, trust your intuition, trust that all is right in your world in that moment as a pathway for creating the next iteration of your life that you are desiring.

This is a big deal! Because very often you could look at things in your life and say, "Well I can trust these things because they feel good, and I enjoy them, they uplift me." "I feel like I'm in the right energy when I'm in these experiences, so I can trust those." This is a wonderful if you can find the places that you trust, you lean into those and you say, "I do have a big experience of trust in these areas, it's great."

So now you know what you can trust. The next piece is what are the areas that aren't as comfortable for you, that you wish would change, that are in that cycle of repeating that you don't know how to get out of the pattern? The question is can you even open up to the idea that you can trust those to be bringing you new information, growth, new strategies, new potentials through the things that aren't as comfortable.

Can I trust that this experience is opening me up to a new level, and a new way that I would like to be that supports me in my awakening to the truth that resides within me?

If you begin playing with us on a regular basis, look at what you do trust and let that expand. Really consciously know it, and then ask the questions around the areas that you're not as comfortable with.

How is this expanding me into the my trust of life, trust that the wisdom is with in me? How is this uncomfortable experience getting me to look at my light, and find new ways of being?

All of its here to serve you, and so shining the light back on that center-point of the truth and alignment within you that is there, always has and always will be, and understand that your awakening is learning to trust this inner wisdom, that has been ever present. And as you do, as you begin to trust it, you begin to move through the uncomfortable experiences of your life a little more easily, with a little more grace, a little more understanding, a little more compassion towards yourself.

And then more and more experiences you have in your life will sit in that aspect of trusting all of it, trusting all of it, so learn to trust yourself, learn to trust your light, learn



to trust yourself and your ability to navigate. Understanding that your at this very dynamic interface from a major thrust in human awareness, into a brand-new experience. You came to be at the change point, you have what it takes to navigate your way through this.

Lean into trust in every single moment, in every single area you can, and trust that your awakening is real.

Be blessed

We are the High Council of Orion

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